



Speakers' Series

Essential Oils 101

Tuesday, November 14,
6:30 pm

Presented by **Cassandra McNiven**,
doTerra Wellness Advocate

Have you heard about essential
oils but wondered where to start?



Join Cassandra McNiven, doTerra Wellness Advocate, to learn what essential oils are, where they come from, how to use them, and how they can benefit your overall health and wellness.

This FREE event will be held at the Fleming Branch.
Please register by calling 905.563.7014 or
visiting the library in Beamsville.



Fleming Branch

5020 Serena Drive
Beamsville, ON L0R 1B2 | 905.563.7014

www.lincoln.library.on.ca